

Are you looking after a family member or friend? Do you need information about support and services for carers?

**www.carersinderbyshire.org.uk**

## Carers Directory:

Local support groups  
Drop-in advice services  
Taking a break from caring  
Information providers  
Memory cafes  
Social activities  
Helplines & forums



**Carers in  
Derbyshire**

## Info & advice:

Carers assessments  
Carer personal budgets  
News & events  
Care Act entitlement for carers  
Emergency planning  
Carers rights  
Young carers  
Welfare benefits

