

# Your Mental Health Act Assessment

## **Mental Health Act Assessment**

My name is and I'm an Approved Mental Health Professional (AMHP).
I am an employee for Derbyshire County Council and my contact number is
You were assessed on under the Mental Health Act 1983 by myself and
We have assessed you to determine whether you need to be detained in hospital to ensure you receive care and medical treatment. The outcome of the assessment is
If you are admitted into hospital under the Mental Health Act the

hospital will provide you and your nearest relative with more information regarding your detention along with your right to apply to a Mental Health Tribunal.

If you would like to discuss any issues regarding the assessment please do not hesitate to contact me.

### You may find the following contacts useful...

#### **Advocacy Services**

**Independent Community Advocacy** means getting help from another person to help you express your views and help ensure your voice is heard.

**Independent Specialist Advocacy** can help someone who has been detained under the Mental Health Act to understand their legal rights.

They can also represent a person's views if they lack capacity.

Your AMHP can explain more about advocacy.

Derbyshire MIND can provide you with a Independent Specialist or Community Advocate on tel: **01332 623732** or visit: **www.derbyshiremind.org.uk** 

If you live in Derbyshire but are in hospital in Tameside and need Advocacy services then you should contact Cloverleaf/IMHA on tel: **0161 207 0767**.

#### **Recovery and Peer Support Services**

The new Recovery and Peer Support Service offers opportunities for people to learn more about their own mental health condition and ways to manage these, meet new friends, enjoy social activities and get help with issues such as housing, benefits and employment issues. The service is provided by Rethink, P3 Charity and Derbyshire Federation for Mental Health on a joint basis tel: **01773 734989**.

## Other useful contacts

Derbyshire Focusline tel: 0800 027 2127 NHS Direct tel: 111 Samaritans tel: 116 123 North Derbyshire Forum for Mental Health Carers tel: 07494943084 or 07494947427 South Derbyshire Forum for Mental Health Carers tel: 07921 162740 or 07891 450119 Mind Helplines - Info Line tel: 0300 1233393, Legal Line tel: 0300 4666463 Call Derbyshire - tel: 01629 533190 or if it's out-of-hours you can tel: 01629 532600

Please be aware these contact numbers were correct at the time of printing/publication but may change in the future. We will try our best to keep them up to date by reviewing them regularly.

This leaflet can be made available in a range of accessible formats including, alternative languages, Braille, Easy Read and audio. To request a copy please contact Call Derbyshire on tel: **01629 533190**.

We are always looking for ways to improve our services. If you wish to contact us with a compliment, comment or complaint you can: speak to a member of Adult Care staff. email: **yourviews@derbyshire.gov.uk** contact Call Derbyshire on tel: **01629 533190**.

Visit: **www.derbyshire.gov.uk/adultcare** Adult Care, County Hall Matlock, Derbyshire, DE4 3AG

